

Lyn's
5K RUN/WALK

9138 Horseshoe Court
Dexter, Michigan 48130



Lyn's
5K RUN/WALK

Attracting all ability levels:
Competitive to the casual walker

1 Mile Kids Cross Country Race
200 Meter Kids Dash

Saturday, July 26, 2008
HUDSON MILLS METROPARK
Dexter, Michigan

2008 JCB Lyn Yarows Memorial

5K RUN/WALK

Saturday, July 26, 2008

Run on the cross-country course of Dexter High School and the University of Michigan Men's and Women's Teams or enjoy a walk through the beautiful scenic trail.

Race Day Registration at 7:30 a.m.

Pick up your packet on race day *only*.

Meet at Hudson Mills Metro Park

8801 North Territorial Road

Dexter, Michigan

\$4.00 park fee

Kids 1 Mile Cross Country Race

begins at 8:30 a.m.

5K Run/Walk begins at 9:00 a.m.

Kids 200 Meter Dash

for 6 years and under begins at 10:00 a.m.

(No registration required, just show up!)

5K Run/Walk Fee

\$20.00 prior to July 19

After July 19 \$25.00

Kids 1 Mile Cross Country Run Fee

\$10.00 prior to July 19

After July 19 \$20.00

\$50 maximum family rate
for any pre-registered family

For more information,
visit www.jcbfoundation.org
or email jazzrun@charter.net

AWARDS

5 deep in all age groups
14 & Under, 15-19, 20-29,
30-39, 40-49, 50-59, 60-69,
70-79, 80-89, 90-99

Special Awards to Overall and
Master's (40 & Over) Male and
Female Top Finishers

1 Mile Awards to All Finishers
and Top Boy & Girl

Great awards, give-a-ways, entertainment, re-
freshments & a beautiful course!

T-SHIRTS

To the first 250 registered. All
pre-registered individuals are
guaranteed a t-shirt.

TO REGISTER

Complete entry form and mail to:

9138 Horseshoe Court
Dexter, Michigan 48130

Pre-Register at
Running Fit in Ann Arbor
or Life Is Good in Dexter

Make Checks Payable to:
Joan C. Banfield Foundation

Registration Form

5K Run/Walk Kids 1 Mile

T-Shirt Size (Adult Sizes)

XS S M L XL

Name _____

Address _____

City _____

State, Zip _____

Email _____

Date of Birth _____

Age _____

Male Female

Waiver & Release: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to falls, contact with other participants, the effects of the weather, especially heat, traffic and road conditions, all such risks being known and appreciated by me. Having read this waiver and knowing these facts in consideration of your accepting my entry I, for myself and anyone entitled to act in my behalf, waive and release the Joan C. Banfield Foundation, Hudson Mills Metro Park, Dexter Community Schools and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, and any other record of this event for any legitimate purpose. The event director has the right to cancel this event in case of severe weather.

Signed _____
If under 18, guardian signature.

Date _____